



HEALTHIER FAMILIES • STRONGER COMMUNITY

**SHARE Food Network Provides
Discounted Nutritious
Groceries Every Month!**

APRIL 2025

MENU



**Frederick
Health**



Visit www.FrederickHealth.org/SHARE to request a call-back for ordering.
For more information, call the Frederick Health SHARE hotline at 240-566-7427.

A Value Package: \$26

- 5 lbs. Chicken Drumsticks
- 1 lb. Bone-in Pork Chops
- 1 lb. Ground Beef

Value package includes 8-10 pounds of fresh fruits and vegetables!



ALL SPECIALS *Limited quantity | All menu items subject to change*



\$20

B Cinco de Mayo Special

- 1 lb. each of Chicken, Beef, & Pork Strips; 1 lb. Mixed Onions & Peppers; 2 oz. Fajita Seasoning



\$12

C Kielbasa Madness!

- 4-14 oz. Kielbasa Links Dated - Good for one year past sell-by/freeze-by date.



\$25

D Corned Beef Special

- 2.5 lbs. Premium Pre-Cooked & Sliced Corned Beef



\$39

E Surf & Turf

- 2 lbs. Crab (Red crab claws or whole blue crab. No substitutions.)
- 2 Sirloin & 2 T-Bone Steaks

Everyone can SHARE! Will you?

1. Anyone can order online at www.FrederickHealth.org/SHARE.
2. For EBT payments or help with an order, call 240.566.7427 (SHAR).
3. Orders will be distributed from 8:30-10 AM on Saturday, April 26th at Frederick Health Village.
4. Orders are due by 12 noon on Friday, April 11th.

CatholicCharitiesDC.org/Program/SHARE-Food-Network | 301-864-3115 or 800-21-SHARE